



2020-2021 GRYC SAILING INSTRUCTIONS – GRYC CLUB RACES

Effective from 2 December 2020

1. ORGANISING AUTHORITY AND APPLICATION OF SAILING INSTRUCTIONS

- 1.1 The Organising Authority for all races is the Goolwa Regatta Yacht Club Inc (GRYC).
- 1.2 These Sailing Instructions will apply to all races conducted by GRYC as the Organising Authority, except the Milang Goolwa Freshwater Classic.
- 1.3 Additional sailing instructions may be issued for a particular series and/or a particular race within a series and such Additional Sailing Instructions are to be read in conjunction with these Sailing Instructions.
- 1.4 The Schedule of Races (the GRYC Club Program) is to be read in conjunction with these Sailing Instructions.
- 1.5 All races will be governed by the rules set out in the current World Sailing Racing Rules of Sailing (RRS), the current Australian Sailing Special Regulations (ASSR), these Sailing Instructions, any applicable Additional Sailing Instructions and any applicable Notice of Race.

2. ELIGIBILITY

- 2.1 There must be a “Person in Charge” of each yacht in a race.
- 2.2 It is not required that the Person in Charge be the helmsperson.
- 2.3 The Person in Charge of a yacht competing in GRYC Club events shall be a current financial Life, Veteran or Senior Member or, subject to clause 6.2, a Junior Member of GRYC, except as provided under clause 2.4.
- 2.4 Persons in Charge who are not GRYC Members but are current financial members of a Club or Association affiliated with Australian Sailing may enter as a Visitor.
- 2.5 Subject to clause 2.6, all crew members must be registered sailors and financial members of a Club or Association affiliated with Australian Sailing.
- 2.6 A crew member who is not a member of a Club or Association affiliated with Australian Sailing may sail as a temporary member of GRYC pursuant to Clause 6 (6) (a) of the GRYC Constitution for a maximum of four races in a season. This changes RRS Rule 46.

3. SUSTITUTION OF PERSON IN CHARGE

- 3.1 Substitution of a yacht's nominated 'Person in Charge' during a series will not be allowed without prior written approval of the Organising Authority. A request for approval shall be lodged in writing with the Organising Authority at least one hour prior to the start of the race in which it is proposed the Substitute 'Person in Charge' will sail.
- 3.2 Approval will only be given for a substitute 'Person in Charge' to sail one race only in any series of 6 or less races and two races only in a series of 7 or more races.
- 3.3 Any yacht competing with an alternate 'Person in Charge' that does not have prior written approval from the Organising Authority will be treated as a new entry in the series.

4. DISCLAIMER OF LIABILITY

- 4.1 Competitors participating do so at their own risk. GRYC will not be liable on any basis whatsoever for any personal injury or death or any property damage sustained or caused in conjunction with or prior to, during, or after any race or regatta.

5. INSURANCE

- 5.1 Each participating yacht shall be insured with valid third-party liability insurance with a minimum cover of not less than \$10,000,000 per incident or the equivalent.

6. SAFETY

- 6.1 For each Division except Divisions 4, 5 & 7, each yacht must have a Person in Charge and at least 1 other crew member.
- 6.2 The Person in Charge of each yacht must be 16 years of age or older unless exempted in writing by the Organising Authority.
- 6.3 All yachts and crew must comply with and must carry the safety equipment required by or under South Australian Legislation, including the SA Harbours & Navigation Act and the Regulations made thereunder.
- 6.4 All courses are designed to keep competitors within 2NM of the shoreline to remain within the semi-protected waters as defined under the Harbours and Navigation Act 1993 SA and the Regulations made thereunder. Competitors proceeding further offshore must comply with the South Australian legislative requirements for unprotected waters.
- 6.5 All races conducted by the GRYC will be conducted as ASSR Part 1 Category 7 races. Category 7 applies to short races in sheltered waters, in daylight hours only with effective rescue availability.
- 6.6 Each competing yacht in Divisions 1, 2, 3 & 6 must comply with the requirements for a Category 7 race as specified in ASSR Part 1.

- 6.7 Unless specified otherwise in an Additional Sailing Instruction, each yacht, in addition to complying with the requirements for a Category 7 race, must comply with the following requirements specified in ASSR Part 1 Regulations:

Regulation 3.01.1	Construction of yacht
Regulation 3.08.3	Bilge pump outlets
Regulation 3.08.7	Cockpit drains
Regulation 3.09.1	Valves on through-hull openings below water line
Regulation 3.18.4	Carrying emergency drinking water
Regulation 3.20.5	Manual bilge pump
Regulation 3.22	At least 2 halyards
Regulation 3.24.3	Propulsion engine (unless exempted under Clause 6.15 of these Instructions)
Regulation 3.24.4	Mounting of outboard motors
Regulation 3.25.4(a)	Minimum power of VHF Transceiver
Regulation 3.25.4(d)	Checking of radio reception and transmission
Regulation 3.25.6	Hand-held VHF Transceivers – minimum power and checking
Regulation 4.07.2	Provision of First Aid manual
Regulation 4.10.1	Provision of relevant navigation charts
Regulation 4.15.1	Tools and spare parts required
Regulation 4.23.1	Requirement for heaving line
Regulation 4.26	Retrieval of crew from the water

- 6.8 For all races conducted for Division 4 & 5 yachts, each yacht must comply with Australian Sailing Special Regulations Part 2 for Off the Beach Yachts.

- 6.9 All competitors must wear an approved Personal Floatation Device (PFD) while afloat, except while briefly changing or adjusting clothing or personal equipment but including while proceeding to the start area and thereafter until finishing or retiring from the race and leaving the racing area. This changes RRS Rule 40 and Part 4 of the RRS Preamble.

- 6.10 If an inflatable PFD is being worn, it must be worn on top of any other clothing.

- 6.11 A VHF radio is mandatory for all races for which all or part of the course is set upstream of Goat Island (approximately 1.5 NM downstream of Rat Island; 0.5 NM upstream of Clayton Bay). A VHF radio is recommended for all other races.
- 6.12 All yachts must have clearly visible identifying sail numbers as required by RRS.
- 6.13 Subject to clause 6.14 of these Sailing Instructions, all yachts competing in Divisions 1, 2, 3 and 6 must carry a serviceable inboard or outboard motor mounted at all times ready for immediate use and capable of propelling the yacht into a 30 knot wind. Outboard motors may be tilted when not in use. Sufficient fuel shall be carried for a minimum of 3 hours motoring. This changes ASSR Part 1 regulations 3.24.5 (a) and (b).
- 6.14 Upon a request made in writing to the Organising Authority, the Organising Authority may grant a dispensation from clause 6.13, subject to such conditions as it deems appropriate, if it considers that a yacht is unsuitable to fit or to carry a motor as required by clause 6.13. Notice of any such dispensation will be displayed on the GRYC website under the "Racing Tab".

7. RACING

- 7.1 Racing will be conducted in each Division nominated in a Notice of Race provided there are at least 4 entrants in a Division. If there are less than 4 entrants in a Division, the Organising Authority may, but it is not required to, group these yachts with the nearest appropriate Division.
- 7.2 Except for Divisions 4 and 5, GRYC will use the list of the GRYC Mixed Fleet Ratings ("MFR's") posted on the GRYC website under the "Racing" tab to calculate Mixed Fleet Rating's results in races. Any yacht not on this list will be allocated a Mixed Fleet Rating (a "MFR"). The MFR is not appealable. For Off the Beach (OTB) classes (Divisions 4 and 5), the Australian Sailing Yardsticks will apply.
- 7.3 GRYC reserves the right to accept or reject any entry.
- 7.4 If there is any ambiguity or discrepancy between any RRS Rule, ASSR Regulation, Sailing Instruction and/or any Additional Sailing Instruction, the ambiguity or discrepancy will be resolved by the Organising Authority in its discretion.

8. SCHEDULE OF RACES

- 8.1 The Schedule of Races is set out in a separate Club Program published by GRYC.

9. ENTRIES

- 9.1 Yachts shall enter a race or a group of back to back races scheduled for the same day, using the entry form available from the GRYC website under the "Racing" tab or at GRYC.
- 9.2 Subject to meeting the eligibility requirements for a particular Division, a yacht may enter any race in a series in whichever Division it chooses. There is no requirement to stay in one Division only for a series.

10. DIVISIONS

- 10.1 The Divisions for racing at GRYC are those described in clause 10.3.
- 10.2 For each series or each race not part of a series, the Organising Authority will determine which Divisions will be raced. These Divisions will be notified in the relevant Notice of Race (NOR) or posted on the GRYC website under the “Racing” tab.
- 10.3 The Divisions and Division flags will be:
- 10.3.1 For all Series except Twilight Series 2:
- | | |
|--|-------------------|
| Div. 1 River Yachts and Restricted 21 Yachts | Code Flag R |
| Div. 2 Trailable Yachts without Spinnakers | Code Flag F |
| Div. 3 Trailable Yachts with Spinnakers | Code Flag T |
| Div. 4 Monohull off The Beach Yachts | Numeral Pendant 4 |
| Div. 5 Multihull off The Beach Yachts | Numeral Pendant 5 |
| Div. 6 Multihull Yachts with Motor | Numeral Pendant 6 |
| Div. 7 Hansa (Access) Dinghies | Numeral Pendant 7 |
| Div. 8 Sportsboats | Numeral Pendant 8 |
- 10.3.2 For Twilight Series 2:
- | | |
|---|-------------|
| Div. 1 Restricted 21 Yachts and Sportsboats | Code Flag R |
| Div. 2 Trailable Yachts without Spinnakers | Code Flag F |
| Div. 3 Trailable Yachts with Spinnakers | |
| with an MFR of less than .800 | Code Flag T |
- 10.4 Yachts competing in Divisions 2 and 3 must display Division flags at all times during a race.
- 10.5 For the purpose of these Sailing Instructions a Sportboat is a yacht with a Mixed Fleet Rating of .800 or higher.

11. MODIFICATIONS

- 11.1 Subject only to the Permitted Modifications specified under the GRYC Mixed Fleet Ratings Policy, a yacht that does not comply with Class Rules or is modified in a way that may affect potential performance must notify the Organising Authority in writing before participating in any races, but if that has not been done before the

day of a race, such notification may be made on the nomination form and brought to the attention of the Principal Race Officer (“PRO”) or the Flag Officer responsible for Racing at GRYC or their nominated representative, at least one hour prior to the first Warning Signal of the day for any Division. Refer to the GRYC Mixed Fleet Ratings Policy for guidance as to what modifications are considered to affect the potential performance of a yacht.

- 11.2 Due to shallow waters in the racing areas, yachts are not required to comply with ASSR Part 1 Regulation 3.02.3. Nor are yachts required to comply with RRS Rule 52 as it relates to electric keel winches.
- 11.3 For the avoidance of doubt, in Non-Spinnaker races, any foresail must be fixed to the forestay of the yacht, except only while a sail is being changed.

12. NOTICES TO COMPETITORS

- 12.1 Notices to competitors, and any notice or document required by the RRS or ASSR or any other rule or sailing instruction will be posted on the GRYC website under the “Racing” tab and, subject to clause 12.3, may be posted on the GRYC Notice Board but such notices and documents are not required to be posted on the Club Notice Board.
- 12.2 Notices to competitors which relate to a race will be posted at least thirty minutes before the warning signal for the race.
- 12.3 If a notice to competitors is to be posted on a race day it will be posted on the GRYC Notice Board and brought to the attention of sailors at the Race Briefing.

13. CHANGES TO THE SAILING INSTRUCTIONS

- 13.1 Changes to the Sailing Instructions will be posted on the GRYC website under the “Racing” tab at least one hour before the first scheduled race start for the day.

14. SIGNALS MADE ASHORE

- 14.1 Signals made ashore will be displayed on the GRYC flag mast.
- 14.2 When the AP is displayed ashore, “1 minute” is replaced with “not less than 30 minutes” in the Race Signals AP. This changes RRS Race Signals AP.

15. COURSES & RACE BRIEFINGS

- 15.1 Course diagrams and descriptions will be made available at the race sign-on desk at least 30 minutes before the first Warning Signal.
- 15.2 Unless otherwise determined and notified by the Organising Authority, Race Briefings will be held at the Club 30 minutes before the first Warning Signal for the first race of the day.

16. MARKS

- 16.1 Descriptions of marks will be provided with the course diagrams and descriptions.

17. THE START

- 17.1 The starting order for each Division will be announced at the Race Briefing.
- 17.2 Races will be started by using RRS Rule 26 with the warning signal made 5 minutes before the starting signal.
- 17.3 The Starting Signal for the previous Division will be taken as the Warning Signal for the next Division.
- 17.3 The starting line will be between a staff displaying an orange flag on the committee yacht at the starboard end and a buoy flying an orange flag at the port end.
- 17.4 Yachts whose Warning Signal has not been flown shall keep clear of both the starting area and yachts in starting sequence. Failure to comply may result in the offending yacht being protested.
- 17.5 A yacht must not use its motor after its Preparatory Signal unless exempted under Clause 17.6 of these Instructions.
- 17.6 A yacht may use its motor after its Preparatory Signal for the purpose of proceeding towards the starting line, provided that the motor is shut off before the Starting Signal and the yacht completes one turn, including one tack and one gybe under sail alone before crossing the starting line.
- 17.7 A yacht not starting within 15 minutes of her Starting Signal will be scored Did Not Start (DNS).
- 17.8 When a general recall has been signalled, the recalled Division's Warning Signal will be the Starting Signal for the last Division. If more than one Division has had a general recall, they shall restart in the original starting sequence.

18. THE FINISH

- 18.1 Unless otherwise specified in a Sailing Instruction or the course diagrams and descriptions, the finishing line will be in front of the GRYC Clubhouse and it shall extend from a blue flag flown from the clubhouse mast to a buoy flying a blue flag located in the river approximately 50 metres off the marina.
- 18.2 If a Code Flag W is displayed at a rounding mark (with two sound signals), yachts should complete rounding this mark and sail directly to and cross the finish line sailing in the direction from this rounding mark. (This may mean a mark has been eliminated from the course or a leg has been made shorter). The shortened course may apply to some but not all Divisions; in which case Division flags will be flown with the W flag.

19. PENALTY SYSTEM

- 19.1 RRS Rule 44.1 is changed so that the “Two Turns Penalty” is replaced by a “One Turn Penalty” which includes one tack and 1 gybe under sail.

20. TIME LIMIT

- 20.1 Unless otherwise specified by the Organising Authority in Additional Sailing Instructions, yachts finishing more than half an hour in a Twilight Series race or 1 hour in a Summer Series or Winter Series race or in other race conducted by GRYC, after the 3rd yacht in the Division finishes, may be scored "Did Not Finish" (DNF).

21. RADIO COMMUNICATIONS

- 21.1 The Organising Authority and the Safety Boats will monitor VHF 72 during races.
- 21.2 The Organising Authority and its nominees may use this frequency for communications relating to the conduct of a race and/or the safety of competitors.
- 21.3 This frequency must not be used by Competitors unless assistance is being requested or withdrawal from a race is being notified.

22. OUTSIDE ASSISTANCE

- 22.1 A yacht which has run aground may motor off until it reaches the point on the course where it first went aground. It must then complete one turn under sail including one tack and one gybe.
- 22.2 In an emergency and/or after an incident, the first priority of a Safety Boat or a competing Yacht providing assistance is to attempt to ensure the safety of crew members, officials and other persons involved NOT YACHTS.
- 22.3 Unless a person or a yacht is unable to request consent, a Safety Boat or a competing Yacht will only assist a person or yacht in difficulties with the consent of the person or the yacht's crew.
- 22.4 If a Safety Boat or a Safety Boat and a competing Yacht is providing assistance, the operation will be under the control of the Safety Boat Commander. If only a competing yacht is providing assistance, the operation will be under the control of the skipper of the competing yacht providing assistance. Each person and/or yacht crew receiving assistance must comply with the directions of the Safety Boat Commander or, if no Safety Boat is involved in providing assistance, each person and/or yacht crew must comply with the directions of the skipper of the competing Yacht providing assistance.
- 22.5 If assistance is refused, the Safety Boat or a competing Yacht offering assistance is not required to standby but will advise of its intention to leave. If in the opinion of the Safety Boat Commander or the skipper of the competing Yacht offering assistance it is safe to do so, they may, but are not required to return crews to their yachts.

- 22.6 A yacht and/or crew receiving outside help must notify the Organising Authority with details of the incident as soon as possible after the race. Yachts which fail to notify or gain a material advantage in the race from this incident may be protested and penalised. Any penalty may be less than disqualification. This changes RRS Rule 41.

23. RETIREMENT

- 23.1 A yacht that retires from a race shall notify the Organising Authority as soon as possible by radio VHF Channel 72 or at the GRYC on 8555 2617.

24 SCORING

- 24.1 Unless otherwise specified in the relevant Notice of Race, results will be based on corrected times using the following:
- 24.1.1. Trailable Yachts, River Boats, R21 yachts and Sportboats - GRYC Mixed Fleet Ratings (MFR'S) published on the GRYC website;
 - 24.1.2. Off The Beach (OTB) – the current Australian Sailing Yardsticks;
 - 24.1.3. For GRYC Life, Veteran and Senior Members sailing Trailable Yachts, River Boats, R21 yachts and Sportsboats– Personal Handicap using the TopYacht Scoring System.
- 24.2 The Organising Authority, in its discretion, will set the GRYC Mixed Fleet Ratings, and may adjust the GRYC Mixed Fleet ratings, due to the unique sailing conditions in Goolwa Waters (ie the River Murray and the Lower Lakes). Any changes to the GRYC Mixed Fleet Ratings will be posted on the GRYC website at least thirty minutes before the warning signal for the first scheduled start for the day. Changes to the GRYC Mixed Fleet Ratings may also be posted on the GRYC Notice Board.
- 24.3 Visiting yachts are eligible to win prizes for individual races, but not points towards GRYC Club Series results except for the Winter Series and the Christmas Twilight Series which are Open Series.
- 24.4 The “Race Result Discard System” for Yachts in determining Series Results is as follows:
- 24.4.1 When four (4) or less series races have been completed, a yacht’s series score will be the total of her race scores;
 - 24.4.2 When five (5) or six (6) series races have been completed, a yacht’s series score will be the total of her race scores excluding her worst score;
 - 24.4.3 When seven (7) or more series races have been completed, a yacht’s series score will be the total of her race scores excluding her two worst scores.
- 24.5 If there are 1 or more starters in a Division in any race, the scores from that race will be included in the calculation of the series result.

- 24.6 Unless the Organizing Authority determines otherwise for a particular series, for the Summer Series, Winter Series and Twilight Series, to be eligible for a series prize a yacht must have completed 4 races in the series and, for the Women's Twilight Series and the Christmas Twilight Series, to be eligible for a series prize a boat must have completed 3 races in the series.
- 24.7 Unless the Organizing Authority decides otherwise, if only 3 or less series races in a Division are completed in any Series, there will not be a series result for that Division.
- 24.8 If a yacht has been rostered for safety boat / bridge duties and, as a result have been unable to compete in a race, or a yacht has been unable to complete a race because it rendered assistance to another yacht during a race (an "On-Duty Yacht"), it shall be awarded an "On-Duty Score" for the race.
- 24.9 For the purposes of clause 24.8, the On-Duty Score will be the average score for the On-Duty Yacht for the entire Series calculated as follows:
- 24.9.1 When four (4) series races have been completed, the On-Duty Yacht's On-Duty Score will be the average of her best 3 race scores;
- 24.9.2 When five (5) series races have been completed, the On-Duty Yacht's On-Duty Score will be the average of her best 4 race scores;
- 24.9.3 When six (6) or seven (7) series races have been completed, the On-Duty Yacht's On-Duty Score will be the average of her best 5 race scores.

25. PROTESTS AND REQUESTS FOR REDRESS

- 25.1 Protests or requests for redress or reopening must be lodged in accordance with RRS Part 5 and the written form handed to a representative of the Organising Authority within 45 minutes after the protesting yacht finished the last race of the day.
- 25.2 Unless it is impossible to do so, the protest flag must be flown on the starboard side at the finish.
- 25.3 Protest hearings will not be held on the day of the race but will be heard at GRYC as soon as practicable thereafter at a date and time determined by the Organising Authority.
- 25.4 Protest forms are available from the Organising Authority.

26. ARBITRATION

- 26.1. At the election of the Organising Authority an arbitration hearing may be conducted pursuant to RRS Appendix T for protests lodged in accordance with RRS 61 which allege an infringement of a rule of Part 2 or 4 or RRS 31. Such hearings will be held subsequent to the protest being lodged and prior to a protest hearing.

- 26.2. The time and place of the arbitration hearing will be decided by the arbitrator and such advice will be given verbally. One representative from each yacht shall attend the arbitration hearing and no witnesses will be allowed. The arbitrator shall decide the manner in which testimony is given.
- 26.3. After taking testimony at an arbitration hearing the arbitrator shall make one of the following conclusions:
- 26.2.1 The protest does not comply with RRS 61 and the protestor may withdraw the protest;
 - 26.2.2 The protest will proceed to a protest hearing. (This may be because rules other than Part 2 or 4 or RRS 31 are involved, or because evidence is too complex or divergent to reach a reasonable and timely conclusion, or due to the apparent severity of the alleged incident or any other reason decided by the arbitrator);
 - 26.2.3 No rule was broken and the protestor may withdraw the protest; or
 - 26.2.4 A rule was broken by one or more yachts involved and the infringing yacht(s) may accept a time penalty of 10% and the race result adjusted accordingly and, if such a penalty and adjusted result is accepted by the protestee, the protestor shall withdraw the protest but, if such a penalty and adjusted result is not accepted by the protestee the protest will proceed to a hearing of the Protest Committee. This changes RRS 63.1.
- 26.4 An arbitration hearing will not be reopened. No conclusion of an arbitrator can be subject to appeal or be grounds for redress.

27. PRIZES

- 27.1 Unless otherwise specified in a particular Notice of Race and subject to clause 27.3, prizes for each race and series in each Division will be awarded as follows:
- 27.1.1 For each Twilight Series, the Summer Series and the Winter Series – 1st and 2nd on GRYC Mixed Fleet Ratings and 1st and 2nd on Performance Handicap; and
 - 27.1.2 For the Women's Twilight Series and the Christmas Twilight Series – 1st and 2nd on GRYC Mixed Fleet Ratings.
- 27.2 In addition to the series prizes detailed in clause 27.1, the series scores in each of Twilight Series 1, 2 and 3 will be added together to determine an "Overall Twilight Series score for each yacht over the 3 Twilight Series and prizes for the "Overall Twilight Series" will be awarded to the 1st and 2nd yachts.
- 27.3 Unless otherwise specified in a relevant Notice of Race and subject to the discretion of the Organising Authority, the award of prizes for each race or series will be subject to the following conditions:

- 27.3.1 if there are less than 2 starters in a Division in a race – No prizes will be awarded;
- 27.3.2 If there are 2, 3, 4 or 5 starters in a Division in a race or only 1, 2 or 3 yachts that qualify for a series result in a Division – only a 1st prize will be awarded; and
- 27.3.3 if there are at least 6 starters in a Division in a race or at least 4 yachts that qualify for a series result in a Division – 1st and 2nd prizes will be awarded.
- 27.4 Prizes for individual races will be presented at the conclusion of each race.
- 27.5 Unless otherwise specified in a relevant Notice of Race or as determined by the General Committee of GRYC, the Prizes for a series will be presented at the following times:
 - 27.5.1 for each of Twilight Series 1, 2 & 3, the Women's Twilight Series and the Christmas Twilight Series - at the conclusion of the last race of the series;
 - 27.5.2 for the Summer Series – at the GRYC Annual Dinner;
 - 27.2.3 for the Winter Series – at the GRYC Christmas Dinner.
- 27.6 Other prizes may be awarded at the discretion of the Organising Authority.

28. SAILOR OF THE YEAR AWARD

- 28.1 GRYC has decided to replace the multiple Awards of Club Champion in each Division with a single award for the GRYC Sailor of the Year”.
 - 28.2 The GRYC Sailor of the Year award is to be made by the General Committee of GRYC, after receiving and considering nominations from Members, to acknowledge the sailor who is a Member of GRYC who, over the 12 months prior to the date of the last race in the GRYC Summer Season, has been the most outstanding racing sailor, whether in GRYC events or in other events or in both GRYC events and other events. Other events might include sailing in national titles, the Sydney Hobart Yacht Race, the Lincoln Week Regatta, other ocean races, events of other clubs etc.
 - 28.3 At the conclusion of the Summer Season the General Committee will call for nominations from Members for the award of Sailor of the Year.
 - 28.4 The Award of Sailor of the Year will be presented at the GRYC Annual Dinner.
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