



# GRYC SAILABILITY 2021/2022

## NOTES FOR SAILORS, VOLUNTEERS & CARERS

(Revision 10 Issued June 2021)

### MISSION STATEMENT

*“To promote sailing as a fun, safe and rewarding activity in which people with any disabilities or disadvantage can participate at a social, recreational and competitive level; and promote the inclusion of people with disabilities, the elderly, the financially & socially disadvantaged within all mainstream yachting activities”.*

### OBJECTIVE

To run a Sailability program enabling new participants to quickly, safely and easily progress to sailing independently or as part of a crew with a minimum of instruction and with the minimal use of technical yachting jargon.

### SAFETY RULES

**Sailing Area** - Dinghies will be limited in travel to an area bounded by the 4 knot buoy downstream of the Bridge and a line projected from the Aquatic Club boat ramp jetty and beacons 32 and 17 (see final page for diagram/map). Dinghies should avoid sailing outside the channel to minimise the risk of running aground. Anyone in breach of the above rules will be requested to return to the dock as safety would be compromised.

**Support Vessels** -During sailing sessions, dinghies will be accompanied by a support vessel at all times with no more than 8 dinghies sailing per support vessel. When the number of dinghies is 4 or more a second support vessel and crew will be at the dock ready to be deployed. No sailing can commence until a support vessel is deployed. When 9 or more dinghies are sailing both support vessels will be monitoring the fleet

Each support vessel will be operated by two crew with at least one of them qualified in boat handling and First Aid. Sailors will at all times follow the directions from the support vessel crew.

Support vessels are not in a position to take people out for a ride, as their purpose is solely for safety.

**Radio** - All support vessels will be equipped with either UHF and/or Marine Radios. The UHF radios will be for communication between dinghies, support vessels and the dock. The Marine radio is to communicate with GRYC and Marine Safety Services. Dinghies MUST carry a UHF radio and report to base on departure from and arrival back at dock.

**General Recall** - In the event of dangerous conditions or an incident tying up the support vessel, a general recall will be issued by radio and all boats must immediately return to dock.

**Racing** - When racing in Sailability and Access class (Hansa), AYF rules will apply, but aggressive behaviour will not be tolerated in this inclusive leisure and sporting pursuit. Further instructions will be available prior to racing events from our Notice of Race and Sailing Instructions.

### CARERS

Carers are very important to the smooth running of sailing days at GRYC Sailability. Without the help of carers it would be impossible to accommodate the people wishing to sail. To facilitate everyone the following points should be noted.

1. **IN THE WEEK PRECEDING SAILING DAY** - Please notify by return email before 6 PM Friday, your attendance and the number of people in your group for the next sailing day. Specify the number of people attending and their general level of ability if they are new sailors. Sailing starts at 9.30 AM and you are asked to arrive from 9.00 AM onwards. Please also advise how many people will be staying for lunch so we may confirm our catering arrangements, and if there are any dietary requirements (eg gluten free / vegetarian).
2. **CASUAL SAILING** - First month's sailing is considered 'Come n' Try' for a fee of \$5. Paperwork: ie personal details, email etc to be completed on first week's attendance.
3. **GRYC SAILABILITY MEMBERSHIP** - After the initial month's sailing it becomes compulsory to join GRYC as a Sailability member (\$40 per year) to ensure coverage by our insurance policy, and that of Yachting Australia.
4. **SAILABILITY RACING** - To race in the state championships the sailor must be a member of Sailability South Australia (\$45 per year)
5. **LUNCH** - Lunch is provided on Sailability day at a cost of \$8 per person
6. **CRITERIA FOR SAILING** - should the forecast at 6 PM the night before the sailing day be for a maximum of 35 Degrees Celsius or higher the event will be cancelled (including social and lunch). The forecast will be taken from [weather.com.au/sa/goolwa/current](http://weather.com.au/sa/goolwa/current). We will endeavour to make contact by email on the Friday night in the event of cancellation. To check, please phone the manager of the GRYC on 08 8555 2617.  
If during the sailing event the temperature should reach 33 Degrees or the wind exceeds 20 knots or gusts to 25 knots then sailing will cease from that time, but the lunch and social aspect will continue.  
A PFD Type 1 or 2 must be worn at all times on the water whilst sailing. Inflatable PFDs shall not be used in dinghies unless dispensation is given by submission for approval by YA. Sailors and crew must be equipped with their lifejackets and be ready for boarding before entering the dock area.
7. **ON ARRIVAL - Please report to Ian Barker (Dock Coordinator) who will be wearing a YELLOW safety jacket.**  
This is most important to ensure your arrival time is noted and your turn to sail is registered. Tables and chairs are provided around the bar and outside under the verandah canopy for you to sit while awaiting your turn to sail, or for socialising. The yellow Star Tent will also be available near the dock.
8. **PREPARING TO SAIL** - This is the time to check that your sailor has a drink, is fully sun-screened with a hat (one that will not blow off), and has been fitted with a well-fitting lifejacket, available at the radio trolley or adjacent to the landing. Ask a volunteer for help if necessary. In cold weather a spray jacket or waterproofs should be worn to prevent chilling. A change of clothes would also be beneficial in case of becoming wet.
9. **ON THE PONTOON / DOCK - Do not go onto the dock if you have not been called for a sail.** When your sailor is called for a sail, they must have their PFD on and be ready to sail and you must take them to the dock or landing. Never take your sailor down if they are not wearing a life-jacket.  
On the dock, please explain about your sailor to the dock Co-ordinator who is wearing a **YELLOW** safety jacket and the skipper who is waiting to go sailing. e.g. how well they understand simple instructions, if they like to help sailing, if they cannot talk, if they are liable to have seizures or become anxious etc. (not in detail). Help your sailor at the dinghy but do not try to get them into the boat by yourself; wait until one of the volunteers is with you. Please be patient as sometimes there can be an unexpected delay.  
Note the sail colour so you can watch for when they are returning, to be on hand when they are getting out of the dinghy. Please don't wait on the dock as it can get quite busy. Each trip is about 45 minutes.  
When your sailor is getting out of the dinghy be on hand in case they need to see you but it is the responsibility of the volunteers to get them safely back onto the dock. This is for safety reasons.  
If you use a wheelchair please keep it on the grassed area adjacent to the main jetty and be ready to bring it onto the dock on the return of your client.

10. **AFTER SAILING** - After they have sailed, remove PFD (life jacket) and return it to the PFD rack, then take your client back to the tent or club rooms. Please don't leave GRYC immediately, as this is a good time to have any refreshments and to socialise with the other carers and their sailors in the very pleasant situation at the club rooms. On Sailing days, coffee/tea and biscuits are available free and a BBQ and salad lunch will be available at 12.30 PM for a small \$8 fee. After lunch sailing will be reconvened and we ask sailors to indicate their intentions during the lunch break. We aim to finish the day around 3.00 PM.

NOTE: The toilet at the back room is for clients with a disability. There are toilets off the bar room for clients who can walk, and for carers. The most important thing is for you and your clients to enjoy the day in a happy, relaxed and safe atmosphere

## SAILING DATES 2021 - 2022

Dates	Event	Time
Saturday 5th June 2021	Sailability 8	9:00am
<b>JULY 2021</b>	<b>No Sailability</b>	
Saturday 14 <sup>th</sup> August 2021	Sailability 9	9:00am
Saturday 11 <sup>th</sup> September 2021	Sailability 10	9:00am
<b>Saturday 9<sup>th</sup> October 2021</b>	<b>Season 2021-2022 Opens</b>	<b>2:30pm</b>
Saturday 16 <sup>th</sup> October 2021	Sailability 1	9:00am
Saturday 6 <sup>th</sup> November 2021	Sailability 2	9:00am
Saturday 4 <sup>th</sup> December 2021	Sailability 3 & Christmas Lunch	9:00am & 1:00pm
Saturday 8 <sup>th</sup> January 2022	Sailability 4	9:00am
Sunday 16 <sup>th</sup> January 2022	Sailability Challenge, Regatta Week	9:00am
Saturday 5 <sup>th</sup> February 2022	Sailability 5	9:00am
Saturday 26 <sup>th</sup> February 2022	Sailability 6	9:00am
Sat 26 <sup>th</sup> - Sun 27 <sup>th</sup> March 2022	Sailability SA Championships	9:00am
<b>APRIL 2022</b>	<b>No Sailability</b>	
Saturday 7 <sup>th</sup> May 2022	Sailability 7	9:00am
Saturday 4 <sup>th</sup> June 2022	Sailability 8	9:00am
<b>JULY 2022</b>	<b>No Sailability</b>	
Saturday 6 <sup>th</sup> August 2022	Sailability 9	9:00am
Saturday 3 <sup>rd</sup> September 2022	Sailability 10	9:00am

## YOUR SAILABILITY COMMITTEE:

Ian Barker - Chairperson / Membership / Dock Coordinator  
 Brian Southcott - Sailability SA Liaison  
 Lyn Roberts - Catering  
 Paul Smith - Secretary  
 Robbie Parker - Committee  
 Jan Verwaal - Committee  
 Jim Hunt - Committee  
 Trish Faulkner - Committee  
 Graham Russell – Committee

## OTHER VOLUNTEER ROLES

**Radio & Scheduling** - Brian Tapping

**Support Boat Skipper** (licensed) - Brian Southcott, Ian Barker, Howden Jennings, Billy Mateer, Graham Russell  
Ron Faulkner (Assistant), Rob Makin (Assistant)

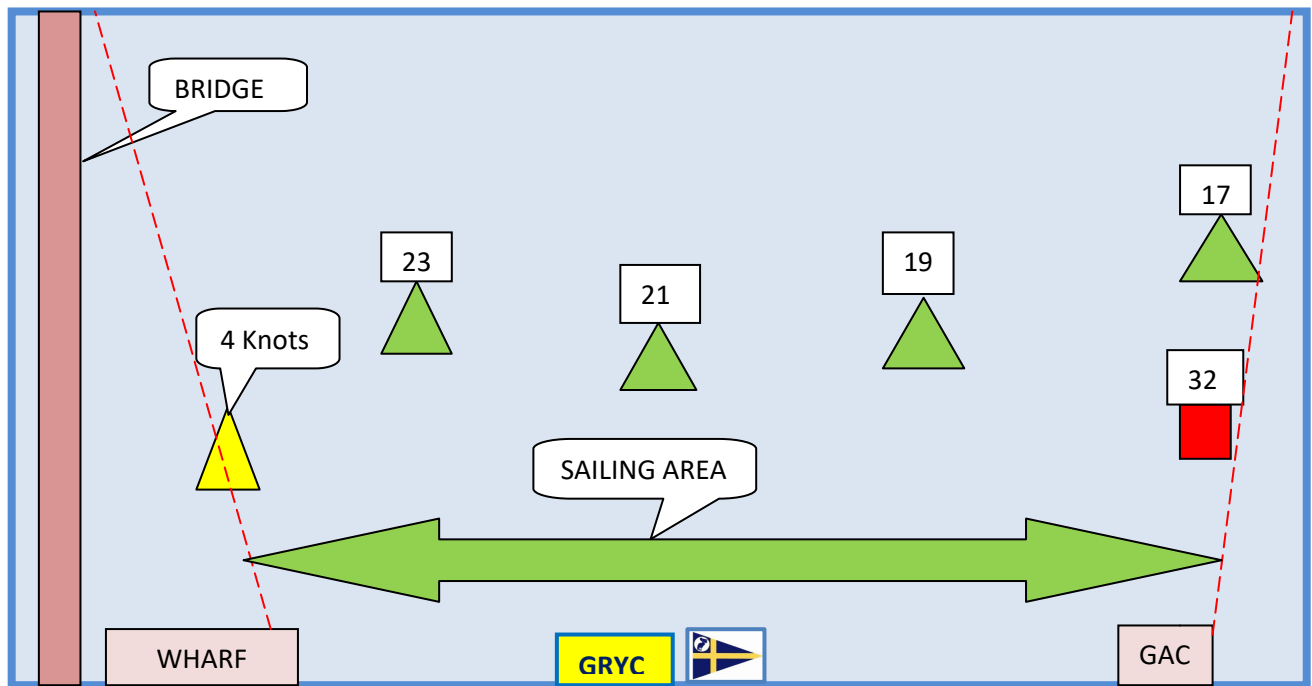
**First Aid** - Lyn Roberts, Brian Southcott, Paul Smith, Ian Barker, Sheila Hunt, Peter Nikic, Chris Angley, Angela Murray

## SAILABILITY CONTACTS

**Chairperson / Membership / Dock Coordinator**:- Ian Barker 8555 0541 or 0411 207 446 [ianbarker946@gmail.com](mailto:ianbarker946@gmail.com)

**Sailability SA Liaison**:- Brian Southcott 0408 553 210 [brijan45@gmail.com](mailto:brijan45@gmail.com)

**Catering**:- Lyn Roberts 0438 275 576 [groberts@picknowl.com.a](mailto:groberts@picknowl.com.a)



**DESIGNATED SAFE SAILABILITY ZONE**