



SAILING INSTRUCTIONS – GRYC CLUB RACES

Effective from 1 October 2019

1. ORGANISING AUTHORITY AND APPLICATION OF SAILING INSTRUCTIONS

- 1.1 The Organising Authority for all races is the Goolwa Regatta Yacht Club Inc (GRYC).
- 1.2 These Sailing Instructions will apply to all races conducted by GRYC as the Organising Authority, except the Milang Goolwa Freshwater Classic.
- 1.3 Additional sailing instructions may be issued for particular races within a series and/or a particular series and such Additional Sailing Instructions are to be read in conjunction with these Sailing Instructions.
- 1.4 The Schedule of Races (the GRYC Club Program) is to be read in conjunction with these Sailing Instructions.
- 1.5 All races will be governed by the rules as defined in the current World Sailing Racing Rules of Sailing (RRS), the current Australian Sailing Special Regulations (ASSR), these Sailing Instructions, any applicable Additional Sailing Instructions and any applicable Notice of Race.

2. ELIGIBILITY

- 2.1 The Person in Charge (Skipper) of all boats competing in GRYC Club events shall be a current financial Senior Member of the Goolwa Regatta Yacht Club, except as provided under clause 2.2.
- 2.2 Persons in Charge who are current financial members of a Club or Association affiliated with Australian Sailing may enter as a Visitor.
- 2.3 Subject to clause 2.4, all crew members must be registered sailors and financial members of a Club or Association affiliated with Australian Sailing.
- 2.4 A crew member who is not a member of a Club or Association affiliated with Australian Sailing may sail as a temporary member of the GRYC pursuant to Clause 6 (6) (a) of the GRYC Constitution for a maximum of four races in a season. This changes RRS Rule 46.

3. PERSON IN CHARGE

- 3.1 Substitution of a boat's nominated 'Person in Charge' during a series will not be allowed without prior written approval of the Race Committee. A request for approval shall be lodged in writing with the Race Committee at least one hour prior to the start of the race in which it is proposed the alternate 'person in charge' will sail.
- 3.2 Approval will only be given for a substitute 'Person in Charge' to sail one race only in any series of 6 or less races and two races only in a series of 7 or more races.
- 3.3 Any boat competing with an alternate 'Person in Charge' that does not have prior written approval from the Race Committee will be treated as a new entry in the series.

4. DISCLAIMER OF LIABILITY

- 4.1 Competitors participating do so at their own risk. The Goolwa Regatta Yacht Club will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after any race or regatta.

5. INSURANCE

- 5.1 Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of not less than \$10,000,000 per incident or the equivalent.

6. SAFETY

- 6.1 For each Division except Divisions 4, 5 & 7, each boat must have a Person in Charge and at least 1 other crew member.
- 6.2 The Person in Charge (skipper) of each boat must be 16 years of age or older unless exempted in writing by the Race Committee.
- 6.3 All boats and crew must comply with and must carry the safety equipment required by or under South Australian Legislation, including the SA Harbours & Navigation Act and the Regulations made thereunder.
- 6.4 All courses are designed to keep competitors within 2NM of the shoreline. Competitors proceeding further offshore must comply with the South Australian requirements for unprotected waters.
- 6.5 All races conducted by the GRYC will be conducted as ASSR Part 1 Category 7 races. Category 7 applies to short races in sheltered waters, in daylight hours only with effective rescue availability.
- 6.6 Each competing boat in Divisions 1, 2, 3 & 6 must comply with the requirements for a Category 7 race as specified in ASSR Part 1.
- 6.7 Unless specified otherwise in an Additional Sailing Instruction, each boat, in addition to complying with the requirements for a Category 7 race, must comply with the following requirements specified in ASSR Part 1 Regulations:

Regulation 3.01.1	Construction of boat
Regulation 3.08.3	Bilge pump outlets
Regulation 3.08.7	Cockpit drains
Regulation 3.09.1	Valves on through-hull openings below water line
Regulation 3.18.4	Carrying emergency drinking water
Regulation 3.20.5	Manual bilge pump
Regulation 3.22	At least 2 halyards
Regulation 3.24.3	Propulsion engine (unless exempted under Clause 6.15 of these Instructions)
Regulation 3.24.4	Mounting of outboard motors
Regulation 3.25.4(a)	Minimum power of VHF Transceiver
Regulation 3.25.4(d)	Checking of radio reception and transmission
Regulation 3.25.6	Hand-held VHF Transceivers – minimum power and checking
Regulation 4.07.2	Provision of First Aid manual
Regulation 4.10.1	Provision of relevant navigation charts
Regulation 4.15.1	Tools and spare parts required
Regulation 4.23.1	Requirement for heaving line

- 6.8 For all races conducted for Division 4 & 5 boats, each boat must comply with Australian Sailing Special Regulations Part 2 for Off the Beach Boats.
- 6.9 All competitors must wear an approved Personal Floatation Device (PFD) while afloat, except while briefly changing or adjusting clothing or personal equipment, but including while proceeding to the start area and thereafter until finishing or retiring from the race and leaving the racing area. This changes RRS Rule 40 and Part 4 of the RRS Preamble.
- 6.10 If an inflatable PFD is being worn, it must be worn on top of any other clothing.
- 6.11 The Race Committee will monitor VHF 72 during racing.
- 6.12 A VHF radio is mandatory for all races for which all or part of the course is set upstream of Goat Island (approximately 1.5 NM downstream of Rat Island; 0.5 NM upstream of Clayton Bay). A VHF radio is recommended for all other races.
- 6.13 All boats must have clearly visible identifying sail numbers as required by RRS.
- 6.14 Subject to clause 6.15 of these Sailing Instructions, all boats competing in Divisions 1, 2, 3 and 6 must carry a serviceable inboard or outboard motor mounted at all times ready for immediate use and capable of propelling the boat into a 30 knot wind. Outboard motors may be tilted when not in use. Sufficient fuel shall be carried for a minimum of 3 hours motoring. This changes ASSR Part 1 regulations 3.24.5 (a) and (b).
- 6.15 Upon a request made in writing to the Race Committee, the Race Committee may grant a dispensation from clause 6.14, subject to such conditions as it deems appropriate, if it considers that a boat is unsuitable to fit or to carry a motor as required by clause 6.14. Notice of any such dispensation will be displayed on the GRYC website under the "Racing Tab".

7. RACING

- 7.1 Racing will be conducted in each Division nominated in a Notice of Race provided there are at least 4 entrants in a Division. If there are less than 4 entrants in a Division, the Race Committee may group these boats with the nearest appropriate Division.
- 7.2 GRYC will use the GRYC Mixed Fleet Ratings list as posted on the GRYC website under the "Racing" tab. Any boat not on this list, after consultation with the owner, will be allocated a Rating. The Rating is not appealable. For Off the Beach (OTB) classes (Divisions 4 and 5), the Australian Sailing Yardsticks will apply.
- 7.3 GRYC reserves the right to accept or reject any entry.
- 7.4 If there is any ambiguity or discrepancy between any RRS Rule, ASSR Regulation, Sailing Instruction and/or any Additional Sailing Instruction, the ambiguity or discrepancy will be resolved by the Race Committee at its discretion.

8. SCHEDULE OF RACES

- 8.1 The Schedule of Races is set out in a separate Club Program published by GRYC.

9. ENTRIES

- 9.1 Boats shall enter a race using the entry form available from the GRYC website under the "Racing" tab or at GRYC. A boat can enter in one division only per series.

10. DIVISIONS

- 10.1 The Divisions for racing at GRYC are those described in clause 10.3.
- 10.2 For each series or each race not part of a series, the Race Committee will determine which Divisions will be raced. These Divisions will be notified in the relevant Notice of Race (NOR) or posted on the GRYC website under the “Racing” tab.
- 10.3 The Divisions and Division flags will be:
- | | |
|--|-------------------|
| Div. 1 River Boats and Restricted 21 Boats | Code Flag R |
| Div. 2 Trailable Yachts without Spinnakers | Code Flag F |
| Div. 3 Trailable Yachts with Spinnakers | Code Flag T |
| Div. 4 Monohull off The Beach Yachts | Numeral Pennant 4 |
| Div. 5 Multihull off The Beach Yachts | Numeral Pennant 5 |
| Div. 6 Multihull Yachts with Motor | Numeral Pennant 6 |
| Div. 7 Hansa (Access) Dinghies | Numeral Pennant 7 |
- 10.4 Boats competing in Divisions 2 and 3 must display Division flags at all times during a race.

11. MODIFICATIONS

- 11.1 A boat that does not comply with Class Rules or is modified in a way that may affect performance must notify the Race Committee in writing before participating in any races, but if that has not been done before the day of a race, such notification may be made on the nomination form and brought to the attention of the PRO or the Chair of the Race Committee at least one hour prior to the first Warning Signal of the day for any Division.
- 11.2 Due to shallow waters in the racing areas, boats are not required to comply with ASSR Part 1 Regulation 3.02.3. Nor are boats required to comply with RRS Rule 52 as it relates to electric keel winches.

12. NOTICES TO COMPETITORS

- 12.1 Notices to competitors, and any notice or document required by the RRS or ASSR or any other rule or sailing instruction will be posted on the GRYC Notice Board at the front of the Club and will be posted on the GRYC website under the “Racing” tab as soon as practicable.
- 12.2 Notices to competitors which relate to a race will be posted at least thirty minutes before the warning signal for the race.

13. CHANGES TO THE SAILING INSTRUCTIONS

- 13.1 Changes to the Sailing Instructions will be posted on the GRYC Notice Board at the front of the Club and the GRYC website under the "Racing" tab at least one hour before the first scheduled race start for the day.

14. SIGNALS MADE ASHORE

- 14.1 Signals made ashore will be displayed on the GRYC flag mast.
- 14.2 When the AP is displayed ashore, "1 minute" is replaced with "not less than 30 minutes" in the Race Signals AP. This changes RRS Race Signals AP.

15. COURSES & RACE BRIEFINGS

- 15.1 Course diagrams and descriptions will be made available at the race sign on desk at least 30 minutes before the first Warning Signal.
- 15.2 Unless otherwise determined and notified by the Race Committee, Race Briefings will be held at the Club 30 minutes before the first Warning Signal for the first race of the day.

16. MARKS

- 16.1 Descriptions of marks will be provided with the course diagrams and descriptions.

17. THE START

- 17.1 The starting order for each Division will be announced at the Race Briefing.
- 17.2 Races will be started by using RRS Rule 26 with the warning signal made 5 minutes before the starting signal.
- 17.3 The Starting Signal for the previous Division will be taken as the Warning Signal for the next Division.
- 17.3 The starting line will be between a staff displaying an orange flag on the committee boat at the starboard end and a buoy flying an orange flag at the port end.
- 17.4 Boats whose Warning Signal has not been flown shall keep clear of both the starting area and boats in starting sequence. Failure to comply may result in the offending boat being protested.
- 17.5 Subject to this clause 12.5, a boat must not use its motor after its Preparatory Signal unless exempted under Clause 17.6 of these Instructions.
- 17.6 A boat may use its motor after its Preparatory Signal for the purpose of proceeding towards the starting line, provided that the motor is shut off before the Starting Signal and the boat completes one turn, including one tack and one gybe under sail before crossing the starting line.
- 17.7 A boat not starting within 15 minutes of her Starting Signal will be scored Did Not Start (DNS).
- 17.8 When a general recall has been signalled, the recalled Division's Warning Signal will be the Starting Signal for the last Division. If more than one Division has had a general recall, they shall restart in the original starting sequence.

18. THE FINISH

- 18.1 Unless otherwise specified in a Sailing Instruction or the course diagrams and descriptions, the finishing line will be in front of the GRYC Clubhouse and it shall extend from a blue flag flown from the clubhouse mast to a buoy flying a blue flag located in the river approximately 50 metres off the marina.
- 18.2 If a Code Flag W is displayed at a rounding mark (with two sound signals), boats should complete rounding this mark and sail directly to and cross the finish line sailing in the direction from this rounding mark. (This may mean a mark has been eliminated from the course or a leg has been made shorter). The shortened course may apply to some but not all Divisions; in which case Division flags will be flown with the W flag.

19. PENALTY SYSTEM

- 19.1 RRS Rule 44.1 is changed so that the "Two Turns Penalty" is replaced by a "One Turn Penalty" which includes one tack and 1 gybe under sail.

20. TIME LIMIT

- 20.1 Unless otherwise specified by the Race Committee in Additional Sailing Instructions, boats finishing more than half an hour in a Twilight Series race or 1 hour in a Summer Series or Winter Series race or in other race conducted by GRYC, after the 3rd boat in the Division finishes, may be scored "Did Not Finish" (DNF).

21. RADIO COMMUNICATIONS

- 21.1 The Race Committee and the Safety Fleet will monitor VHF 72 during races.
- 21.2 The Race Committee and its nominees may use this frequency for communications relating to the conduct of a race and/or the safety of competitors.
- 21.3 This frequency must not be used by Competitors unless assistance is being requested or withdrawal from a race is being notified.

22. OUTSIDE ASSISTANCE

- 22.1 A boat which has run aground may motor off until it reaches the point on the course where it first went aground. It must then complete one turn under sail including one tack and one gybe.
- 22.2 In an emergency and/or after an incident, the first priority of a Safety Boat or a competing Boat providing assistance is to attempt to ensure the safety of crew members, officials and other persons involved NOT BOATS.
- 22.3 Unless unable to request consent, Safety Boats or a competing Boat will only assist a person or boat in difficulties with the consent of the person or the boat's crew.
- 22.4 If a Safety Boat and a competing Boat is providing assistance, the operation will be under the control of the Safety Boat Commander. Each person and/or Boat crew receiving assistance must comply with the directions of the Safety Boat Commander or, if no Safety Boat is involved in providing assistance, the directions of the skipper of the competing Boat providing assistance.
- 22.5 If assistance is refused, the Safety Boat or a competing Boat offering assistance is not required to standby but will advise of its intention to leave. If in the opinion of the

Safety Boat Commander or the skipper of the competing Boat offering assistance it is safe to do so, they may, but are not required to return crews to their boats.

- 22.6 A boat/crew receiving outside help must notify the Race Committee with details of the incident as soon as possible after the race. Boats which fail to notify or gain a significant advantage in the race from this instruction may be protested and penalised. Any penalty may be less than disqualification. This changes RRS Rule 41.

23. RETIREMENT

- 23.1 A boat that retires from a race shall notify the Race Committee as soon as possible by radio VHF Channel 72 or at the GRYC on 8555 2617

24 SCORING

- 24.1 Results will be based on corrected times using the following:
- 24.1.1. Trailable Yachts, River Boats and R21 boats - GRYC Mixed Fleet Ratings published on the GRYC website.
 - 24.1.2. Off The Beach (OTB) – the current Australian Sailing Yardsticks.
 - 24.1.3. Personal Handicaps (for senior financial GRYC members only) - TopYacht Scoring System. Personal handicaps may be reset to a common base (as determined by the Race Committee) at the start of each series of races.
- 24.2 The Race Committee may adjust the GRYC Mixed Fleet ratings due to the unique sailing conditions in the river and lakes. Any changes will be posted on the GRYC website at least thirty minutes before the warning signal for the first scheduled start for the day. These may also be posted on the GRYC Notice Board.
- 24.3 Visiting boats are eligible to win trophies for individual races, but not points towards GRYC Club Series results except for the Winter Series and the Christmas Twilight Series which are Open Series.
- 24.4 Race Result Discard System for Boats in Determining Series Results:
- 24.4.1 When four (4) or less races have been completed, a boat's series score will be the total of her race scores.
 - 24.4.2 When five (5) or six (6) races have been completed, a boat's series score will be the total of her race scores excluding her worst score.
 - 24.4.3 When seven (7) or more races have been completed, a boat's series score will be the total of her race scores excluding her two worst scores.
- 24.5 If there are less than 3 starters in a Division in any race, any scores from that race will be excluded from the calculation of the series result.
- 24.6 Australian Sailing Members rostered for safety boat / bridge duties, shall be awarded an "On Duty Score" which will be calculated as the average of their "5" best scores for the entire Series.

25. PROTESTS AND REQUESTS FOR REDRESS

- 25.1 Protests or requests for redress or reopening must be lodged in accordance with RRS Part 5 and the written form handed to a representative of the Race Committee within 30 minutes after the last boat has finished the last race of the day.
- 25.2 If possible, the protest flag should be flown on the starboard side to assist in identification at the finish.
- 25.3 Protest hearings will not be held on the day of the race but will be heard at GRYC as soon as practicable thereafter at a date and time determined by the Race Committee.
- 25.4 Protest forms are available from the Race Committee.

26. ARBITRATION

- 26.1. At the election of the Race Committee an arbitration hearing may be conducted pursuant to RRS Appendix T for protests lodged in accordance with RRS 61 which allege an infringement of a rule of Part 2 or 4 or RRS 31. Such hearings will be held subsequent to the protest being lodged and prior to a protest hearing.
- 26.2. The time and place of the arbitration hearing will be decided by the arbitrator and such advice will be given verbally. One representative from each boat shall attend the arbitration hearing and no witnesses will be allowed. The arbitrator shall decide the manner in which testimony is given.
- 26.3. After taking testimony at an arbitration hearing the arbitrator shall make one of the following conclusions:
 - The protest does not comply with RRS 61 and the protestor may withdraw the protest;
 - The protest will proceed to a protest hearing. (This may be because rules other than Part 2 or 4 or RRS 31 are involved, or because evidence is too complex or divergent to reach a reasonable and timely conclusion, or due to the apparent severity of the alleged incident or any other reason decided by the arbitrator);
 - No rule was broken and the protestor may withdraw the protest; or
 - A rule was broken by one or more boats involved, the infringing boat(s) may accept a time penalty of 10% and a result adjusted accordingly and if such a penalty and adjusted result is accepted by the protestee, the protestor shall withdraw the protest but if such a penalty and adjusted result is not accepted by the protestee the protest will proceed to a hearing of the Protest Committee: this changes RRS 63.1.
- 26.4 An arbitration hearing will not be reopened. No conclusion of an arbitrator can be subject to appeal or be grounds for redress.

27. PRIZES

- 27.1 Prizes for individual races will be presented at the conclusion of each race.
- 27.2 Prizes for a series will be presented at a time to be announced at the conclusion of the last race of the series.
- 27.3 Prizes will be awarded in line with the Club policy document unless otherwise specified in a Sailing Instruction for a specific race or series of races.
- 27.4 Other prizes may be awarded at the discretion of the Race Committee.

28. CLUB CHAMPION AWARD

- 28.1 Awards for Club Champions will be presented at the Annual Mid-Year Dinner to the champion helmsperson in each of Divisions 1, 2 and 3.
- 28.2 Club Champions will be selected based on the criteria outlined in the relevant Club policy document.